



July 2010

Mountain Brook Activity Calendar



July Is...
 Ice Cream Month
 Anti-boredom Month
 Family Reunion Month
 Fireworks Safety Month
 Learn Arabic Month

Baked Beans Month
 Bikini Month
 Blueberries Month
 Grilling Month
 Culinary Arts Month
 Horseradish Month

Peach Month
 Recreation and Parks Month
 Picnic Month
 Summer Vacation Month
 Tennis Month
 Sandwich Generation Month

SUNDAY

MONDAY

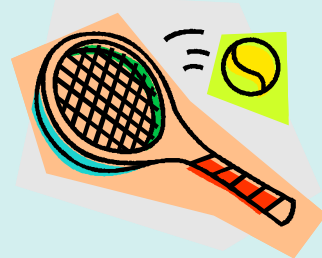
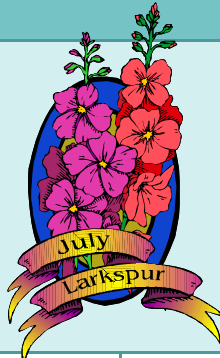
TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



When I was 40, my doctor advised me that a man in his forties shouldn't play tennis, and I could hardly wait until I was 50 to start again.

1

10:00 Shake Rattle & Roll
 2:00 Bible Study
 6:00 Bingo Blast!

2

Beauty Shop Open
 10:00 Shake Rattle & Roll
 2:00 Patriotic Ribbon Craft
 6:00 Bingo Blast!

3

10:00 Use It or Lose It Exercise
 2:00 Free Manicures in the Country Kitchen
 6:00 Card Games

4

10:00 Use It or Lose It Exercise
 12:00 4th of July Cookout
 2:00 St. Anthony of Padua Church Service
 6:00 Dominoes



Independence Day

5

9:30 Bridge Buddies
 10:00 Shake Rattle & Roll
 2:00 Golf Tourney
 6:00 Bingo Blast!

6

Beauty Shop Open
 9:30 Bridge Buddies
 10:00 Shake Rattle & Roll
 2:00 Celebrate July Birthdays
 6:00 Bingo Blast!

 Happy Birthday Margaret Shepherd!
 Happy Birthday Icy Minor!

7

10:00 Shake Rattle & Roll
 10:00 Mobility Central Free Equipment Check
 4:00 Prayer Group
 4:00 Michael Latham on Guitar
 Country Kitchen
 6:00 Bingo Blast!

8

10:00 Shake Rattle & Roll
 2:00 Bible Study
 3:15 Trinity Presbyterian Music Fun
 6:00 Bingo Blast!

9

Beauty Shop Open
 10:00 Shake Rattle & Roll
 2:00 Wet T-Shirt Contest
 6:00 Bingo Blast!

10

10:00 Use It or Lose It Exercise
 2:00 Happy Hour-Country Kitchen!
 6:00 Card Games

11

10:00 Use It or Lose It Exercise
 2:00 St. Anthony of Padua Church Service
 6:00 Dominoes

12

9:30 Bridge Buddies
 10:00 Shake Rattle & Roll
 2:00 Odyssey Pet Fun!
 6:00 Bingo Blast!

13

Beauty Shop Open
 9:30 Bridge Buddies
 10:00 Shake Rattle & Roll
 2:00 Carolyn Price on Piano
 6:00 Bingo Blast!

14

10:00 Shake Rattle & Roll
 11:30 Lunch Bunch RSVP with Janet
 4:00 Prayer Group
 6:00 Bingo Blast!

15

10:00 Shake Rattle & Roll
 2:00 Bible Study
 3:00 Trinity Presbyterian Music Fun
 6:00 Bingo Blast!

16

Beauty Shop Open
 10:00 Shake Rattle & Roll
 2:00 Coke Floats - Country Kitchen
 6:00 Bingo Blast!

17

10:00 Use It or Lose It Exercise
 2:00 Free Manicures in the Country Kitchen
 6:00 Card Games

18

10:00 Use It or Lose It Exercise
 2:00 St. Anthony of Padua Church Service
 6:00 Dominoes

19

9:30 Bridge Buddies
 10:00 Shake Rattle & Roll
 2:00 Rhythm Band Music Makers!
 6:00 Bingo Blast!

20

Beauty Shop Open
 9:30 Bridge Buddies
 10:00 Shake Rattle & Roll
 4:00 Club 56 Activity
 6:00 Bingo Blast!

21

10:00 Shake Rattle & Roll
 1:00 Jabber with Janet!
 4:00 Prayer Group
 6:00 Bingo Blast!

22

10:00 Shake Rattle & Roll
 2:00 Bible Study
 6:00 Bingo Blast!

23

Beauty Shop Open
 10:00 Shake Rattle & Roll
 2:00 Cake Walk Cottage Style
 6:00 Bingo Blast!

24

10:00 Use It or Lose It Exercise
 2:00 Happy Hour-Country Kitchen!
 6:00 Card Games

Happy Birthday Dorothy Howard!

25

10:00 Use It or Lose It Exercise
 2:00 St. Anthony of Padua Church Service
 6:00 Dominoes

Parent's Day

26

9:30 Bridge Buddies
 10:00 Shake Rattle & Roll
 2:00 Housewarming Party!
 6:00 Bingo Blast!

27

Beauty Shop Open
 9:30 Bridge Buddies
 10:00 Shake Rattle & Roll
 2:00 Faux Leather Bottle Craft
 6:00 Bingo Blast!

28

10:00 Shake Rattle & Roll
 2:00 Fun with Carolyn Roberson!
 4:00 Prayer Group
 6:00 Bingo Blast!

29

10:00 Shake Rattle & Roll
 2:00 Bible Study
 6:00 Bingo Blast!

30

Beauty Shop Open
 10:00 Shake Rattle & Roll
 2:00 Watermelon in the Courtyard
 6:00 Bingo Blast!

31

10:00 Use It or Lose It Exercise
 2:00 Free Manicures in the Country Kitchen
 6:00 Card Games

Happy Birthday Lucille Anderson!



3776 Crosshaven Drive
Birmingham • (205) 968-0000
www.cottageassistedliving.com



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