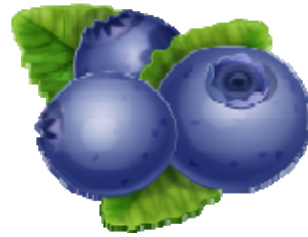




July 2010

Huntsville Activity Calendar



July Is...
 Ice Cream Month
 Anti-boredom Month
 Family Reunion Month
 Fireworks Safety Month
 Learn Arabic Month

Baked Beans Month
 Bikini Month
 Blueberries Month
 Grilling Month
 Culinary Arts Month
 Horseradish Month

Peach Month
 Recreation and Parks Month
 Picnic Month
 Summer Vacation Month
 Tennis Month
 Sandwich Generation Month

SUNDAY

MONDAY

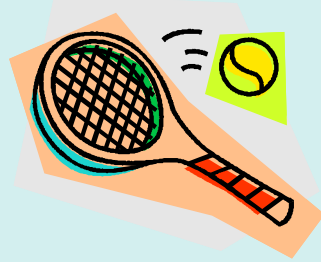
TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



When I was 40, my doctor advised me that a man in his forties shouldn't play tennis, and I could hardly wait until I was 50 to start again.

1
 10:00 Field Trip to Big Lots
 2:00 Bingo
 4:00 Legcercise

2
 10:30 Move n' Groove
 2:00 Wine & Cheese Party
 4:00 Seasonal Crafting

3
 10:30 Pampered Manicures
 2:00 Movie & Popcorn
 4:00 Chair Stretches

4
 10:30 Current Events & Coffee
 2:00 Congregation for Owens Crossing
 4:00 Afternoon Stroll

5
 10:30 Noodles of Fun
 2:00 Arts & Crafts
 4:00 Puzzles & Game Time

6
 10:30 Devotional
 2:00 Bingo
 4:00 Wii Sports Fitness - Ivy

7
 10:30 Hymns Together
 2:00 Recipe Time
 4:00 Sit & Stretch

8
 10:00 Field Trip to the Movies
 2:00 Bingo
 4:00 Legcercise

9
 10:30 Move n' Groove
 2:00 Party Time
 4:00 Puzzles & Game Time

10
 10:30 Pampered Manicures
 2:00 Movie & Popcorn
 4:00 Chair Stretches

Happy Birthday Maxine Littlejohn!
Independence Day

Happy Birthday Thelma Braswell!

11
 10:30 Current Events & Coffee
 2:00 Congregation for Owens Crossing
 4:00 Afternoon Stroll

12
 10:30 Noodles of Fun
 2:00 Memory Collages
 4:00 Puzzles & Game Time

13
 10:30 Devotional
 2:00 Bingo
 4:00 Wii Sports Fitness - Ivy

14
 10:30 Hymns Together
 2:00 Recipe Time
 4:00 Sit & Stretch

15
 10:30 Field Trip to Wal-Mart
 2:00 Bingo
 4:00 Legcercise

 Happy Birthday Yolanda Norman!

16
 10:30 Move n' Groove
 2:00 Wine & Cheese Party
 4:00 Seasonal Crafting

17
 10:30 Pampered Manicures
 2:00 Movie & Popcorn
 4:00 Chair Stretches

18
 10:30 Current Events & Coffee
 2:00 Congregation for Owens Crossing
 4:00 Afternoon Stroll

19
 10:30 Noodles of Fun
 2:00 Arts & Crafts
 4:00 Puzzles & Game Time

20
 10:30 Devotional
 2:00 Bingo
 4:00 Wii Sports Fitness - Ivy

21
 10:30 Hymns Together
 2:00 Recipe Time
 4:00 Sit & Stretch

22
 10:00 Field Trip to Cracker Barrel
 2:00 Bingo
 4:00 Legcercise

23
 10:30 Move n' Groove
 2:00 Party Time
 4:00 Puzzles & Game Time

24
 10:30 Pampered Manicures
 2:00 Movie & Popcorn
 4:00 Chair Stretches

25
 10:30 Current Events & Coffee
 2:00 Congregation for Owens Crossing
 4:00 Afternoon Stroll

Parents' Day

26
 10:30 Noodles of Fun
 2:00 Memory Collages
 4:00 Puzzles & Game Time

27
 10:30 Devotional
 2:00 Bingo
 4:00 Wii Sports Fitness - Ivy

28
 10:30 Hymns Together
 2:00 Recipe Time
 4:00 Sit & Stretch

29
 10:30 Field Trip to Dollar Tree
 2:00 Bingo
 4:00 Legcercise

30
 10:30 Move n' Groove
 2:00 Housewarming Party!
 4:00 Seasonal Crafting

31
 10:30 Pampered Manicures
 2:00 Movie & Popcorn
 4:00 Chair Stretches

Happy Birthday Georgia Raney!

Happy Birthday Agnes Chojnowski!

Happy Birthday Donna Bengston!



4200 Chris Drive
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www.cottageassistedliving.com



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