



July 2010

Russellville Activity Calendar



July Is...
 Ice Cream Month
 Anti-boredom Month
 Family Reunion Month
 Fireworks Safety Month
 Learn Arabic Month

Baked Beans Month
 Bikini Month
 Blueberries Month
 Grilling Month
 Culinary Arts Month
 Horseradish Month

Peach Month
 Recreation and Parks Month
 Picnic Month
 Summer Vacation Month
 Tennis Month
 Sandwich Generation Month

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



When I was 40, my doctor advised me that a man in his forties shouldn't play tennis, and I could hardly wait until I was 50 to start again.

1
 10:30 Tip & Tap
 2:00 Ice Cream Party
 4:00 Walk with a Buddy

2
 10:30 Exercise
 2:00 Bingo
 4:00 Wii Games

3
 10:30 Exercise
 2:00 Game of Choice
 4:00 Music Therapy

4
 9:00 Preaching on TV
 9:30 Bible Study
 2:30 Exercise

5
 10:30 Sittercise
 2:00 Puzzle Time
 4:00 This Was What Year..?

6
 10:30 Sittercise
 2:00 Ring Toss
 4:00 Movie & Snack

7
 10:30 Move n' Groove
 2:00 Ice Cream Party
 4:00 Bingo

8
 10:30 Sittercise
 2:00 Yard of the Month
 4:00 Walk with a Buddy

9
 10:30 Exercise
 2:00 Manicures
 4:00 Wii Games

10
 10:30 Sittercise
 2:00 Game of Choice
 4:00 Music Therapy



Independence Day

11
 9:00 Preaching on TV
 9:30 Bible Study
 2:30 Sittercise

12
 10:30 Tip & Tap
 2:00 Bingo
 4:00 Puzzle Time

13
 10:30 Exercise
 2:00 Ring Toss
 4:00 Movie & Snack

14
 10:30 Exercise
 2:00 Ice Cream Party
 4:00 Guess the Presidents

15
 10:30 Sittercise
 2:00 Guess the Fruit
 4:00 Walk with a Buddy

16
 10:30 Move n' Groove
 2:00 Manicures
 4:00 Wii Games

17
 10:30 Exercise
 2:00 Game of Choice
 4:00 Music Therapy

18
 9:00 Preaching on TV
 9:30 Bible Study
 2:30 Exercise

19
 10:30 Sittercise
 2:30 Golden Days
 4:00 Puzzle Time

20
 10:30 Sittercise
 2:00 Ring Toss
 4:00 Movie & Snack

21
 10:30 Exercise
 2:00 Ice Cream Day
 4:00 Van Ride

22
 10:30 Sittercise
 2:00 Walk with a Buddy
 4:00 Bingo

23
 10:30 Exercise
 2:00 Manicures
 4:00 Wii Games

24
 10:30 Sittercise
 2:00 Game of Choice
 4:00 Music Therapy

25
 9:00 Preaching on TV
 9:30 Bible Study
 2:30 Sittercise

26
 10:30 Exercise
 2:00 Lemonade Time
 4:00 Puzzle Time

27
 10:30 Move n' Groove
 2:00 Ring Toss
 4:00 Movie & Snack

28
 10:30 Tip & Tap
 2:00 Ice Cream Day
 4:00 Van Ride

29
 10:30 Exercise
 2:00 Walk with a Buddy
 4:00 Bingo

30
 10:30 Move n' Groove
 2:00 Manicures
 4:00 Wii Games

31
 10:30 Exercise
 2:00 Game of Choice
 4:00 Music Therapy

Parents' Day



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