

**February 2020**

**“Groundhog found fog. New snows and blue toes. Fine and dandy for Valentine candy.  
Snow spittin'; if you're not mitten-smitten, you'll be frostbitten! By jing-y feels spring-y.”  
— The Old Farmer's Almanac**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 <b>Happy Birthday Abigail Johnson</b> 9:00am Hugs and Kisses Hot Cocoa 10:30am Chair Exercises 2:00pm Piece My Heart Together Puzzle
2 9:00am Sunday School with First Baptist 10:30am Thumb Ball Exercises 2:00pm Glitter Me Happy Nails	3 10:00am Let's go to Wal-Mart 10:30am Table Volleyball 2:00pm Lone Arranger Music	4 8:00am One on One Hour 9:00am Frozen Yogurt 10:30am Chair Exercises 2:00pm Book Club Meeting	5 10:30am Chair Exercises 10:30am Sing -Along with First Methodist 3:00pm Checkers by the Fireplace	6 <b>Beauty Salon</b> 10:00am Pre-Workout Snacks 10:30am Chair Exercises 2:00pm Music with Friends	7 <b>Happy Birthday Ruth Balcom</b> 10:00am I Love BERRY Much Smoothie ! 10:30am Balloon Exercise 3:00pm Brain-Teasing Fun Rook	8 10:00am Coffee with Friends 10:30am Chair Exercises 2:00pm Crossword Puzzle
9 9:00am Sunday School with First Baptist 10:30am Thumb Ball Exercises 2:00pm Unlucky for some Bingo	10 9:30am Love Letters to Friends 10:30am Chair Exercises 2:00pm Art-y Party Bridget with Decatur Morgan	11 10:00am Briddicks Sing Along 10:30am Chair Exercises 2:00pm Bingo Bash with Stephanie from Amedisys	12 10:00am Let's go Bananas for Smoothies 10:30am Chair Exercises 3:00pm Let's get Crafty	13 <b>Beauty Salon</b> <b>Happy Birthday Raymond Norton</b> 9:30am Baking with Love ! 10:30am Chair Exercises 3:00pm Let's get Crafty With a Visit from Decatur Cottage	14 10:00am Love Crafts 10:30am Chair Exercises 3:00pm Cupid's Bash V-Day Party	15 10:00am Coffee with Friends 10:30am Chair Exercises 2:00pm Pamper Me Nails
16 9:00am Sunday School with First Baptist 10:30am Thumb Ball Exercises 2:00pm Relaxing with Friends Hot tea and Coffee	17 10:00am Reflection Hour 10:30am Chair Exercises 3:00pm Love Crafts with Decatur Cottage <i>Country Cottage Decatur 2515 Old Moulton Rd SW Decatur AL 35603</i>	18 10:00am Pinecone Craft 10:30am Chair Exercises 2:00pm Movie With Friends	19 9:00am Balloon Exercise 10:30am Sing -Along with First Methodist 11:00am Men's Day Out <i>Oh Bryans Family Steak House 727 Main St W Hartselle AL 35640</i>	20 <b>Beauty Salon</b> 10:00am Pre exercise Snacks 10:30am Chair Exercises 2:00pm Glitz and Glam Nails	21 8:00am One on One Hour 9:00am Fresh Fruit with Friends 10:30am Chair Exercises 2:00pm Housewarming Party	22 10:00am Coffee Hot Tea with Friends 10:30am Balloon Exercise 2:00pm Wild for some UNO
23 9:00am Sunday School with First Baptist 10:30am Thumb Ball Exercises 2:00pm Bingo Bash	24 8:00am One on One Hour 10:00am Love Lattes to Warm the Body 10:30am Chair Exercises 3:00pm Let's get Crafty	25 9:00am Simply Fruity Yogurt Parfaits 10:30am Chair Exercises 3:00pm Book Club Meeting	26 9:00am Smoothies 10:30am Chair Exercises 2:00pm Let's Bake a Cookie Cake	27 <b>Beauty Salon</b> <b>Happy Birthday Jo Owens</b> 9:30am Apple Cider with Friends 10:30am Chair Exercises 3:00pm Birthday Bash	28 9:00am Make your Heart Happy 10:30am Chair Exercises 2:00pm Shopping Spree	29 10:00am Hot Cocoa 10:30am Chair Exercises 2:00pm Root Beer Floats