

February 2020

* Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>One day Chad came home from school and told his mother he'd like to make a valentine for everyone in his class. She thought, "I wish he wouldn't do that!" because she knew Chad didn't have many friends. Nevertheless, she decided she would go along with her son. So she purchased the paper, glue and crayons. For three weeks, night after night, Chad painstakingly made 35 valentines.</p> <p>Valentine's Day came and Chad was beside himself with excitement. He carefully stacked them up, put them in a bag, and bolted out the door. His mother decided to bake his favorite cookies to have that afternoon to help ease the pain. It hurt her to think that he wouldn't get many valentines, maybe none at all. That afternoon she heard the children outside and looked out the window. Chad walked a little faster than usual. She fully expected him to burst into tears as soon as he got inside. When the door opened she choked back tears. "Honey, I have some cookies for you," she said. But he hardly heard her words. He just marched right on by, his face glowing, and all he could say was: "Not a one. Not a single one." His mother's heart sank. Then she noticed the huge smile on his face as he added, "I didn't forget a one, not a single one!"</p>						1
2	3	4	5	6	7 Wear Red for Women's Health	8
10:00 Daily Devotion (SR) 10:30 Exercise (SR) 2:00 St. Peter's Episcopal Church Service (DR) 4:00 Coffee Talk (DR)	10:00 Devotion - Debbie (SR) 10:30 Exercise with Restore Therapy (SR) 11:15 USA Trivia (DR) 1:00 Let's Go Shopping 2:00 UNO (DR) 3:30 Wine & Rummikub (DR)	9:00 Beauty Salon Open 10:00 Devotion - Terri (SR) 10:30 Chair Exercise (SR) 1:00 Noodle Volleyball (STR) 2:00 "What Is Hospice?" w/ Lori from Kindred (DR) 3:30 Wine & Rummikub (DR)	10:00 Devotion - Reda (SR) 10:30 Chair Exercise (SR) Nail Spa with Ellen (CK) 1:31 Art Club w/ Rollina (CK) 3:30 Wine & Rummikub	10:00 Dulcimer Music by Joyful Jammers (DR) 11:30 Lunch BINGO (DR) 12:30 WALMART 2:00 Bible Study - Sissy (STR) 3:30 Wine & Rummikub (DR)	9:00 Beauty Salon Open 10:00 Devotion - Debbie (SR) 10:30 Chair Exercise (SR) 11:15 Out to Lunch - IHOP 2:00 WORD Game (CK) 3:30 Wine & Rummikub (DR)	10:00 Devotion (SR) 10:30 Chair Exercise (SR) 2:00 BINGO (CK) 3:30 Wine & Rummikub (DR)
9	10	11	12	13	14 Happy Valentine's Day	15
10:00 Daily Devotion (SR) 10:30 Exercise (SR) 2:00 St. Peter's Episcopal Church Service (DR) 4:00 Coffee Talk (DR)	10:00 Devotion - Debbie (SR) 10:30 Chair Exercise (SR) 11:15 Wacky Words (DR) 2:00 Funniest Videos (DR) 3:30 Wine & Rummikub (DR)	9:00 Beauty Salon Open 10:00 Devotion - Terri (SR) 10:30 Chair Exercise (SR) 2:00 Krispy Kreme Run 3:30 Wine & Rummikub (DR)	10:00 Devotion - Reda (SR) 10:30 Chair Exercise (SR) Nail Spa w/ Ellen (CK) 1:31 Art Club w/ Rollina (CK) 3:30 Wine & Rummikub (DR)	10:30 Chair Exercise (SR) 11:30 Valentine's Party (DR) 1:00 with The Dempseys 2:00 Bible Study - Sissy (STR) 3:30 Wine & Rummikub (DR)	9:00 Beauty Salon Open 10:00 Devotion - Debbie (SR) 10:30 Chair Exercise (SR) 2:00 Travelogue - Paris (DR) 3:30 Wine & Rummikub (DR)	10:00 Devotion (SR) 10:30 Chair Exercise (SR) 1:00 Movie & Popcorn (CK) "Sea Biscuit" 3:30 Wine & Rummikub (DR)
16	17	18	19	20	21	22
10:00 Devotion (SR) 10:30 Exercise (SR) 2:00 St. Peter's Episcopal Church Service (DR) 4:00 Coffee Talk (DR)	10:00 Devotion - Debbie (SR) 10:30 Chair Exercise (SR) 11:15 Who Am I? (DR) 2:00 Music Therapy with Blake from Milestones (DR) 3:30 Wine & Rummikub (DR)	9:00 Beauty Salon Open 10:00 Devotion - Terri (SR) 10:30 Chair Exercise (SR) 2:00 Talking w/ Julie (CK) 3:30 Hello Girls Scouts (DR) Wine & Rummikub (DR)	10:00 Devotion - Reda (SR) 10:30 Chair Exercise (SR) Nail Spa with Ellen (CK) 1:31 Art Club w/ Rollina (CK) 3:30 Wine & Rummikub (DR)	10:00 Train Your Brain (SR) 10:30 Chair Exercise (SR) 1:00 Kings in the Corner (CK) 2:00 Bible Study - Sissy (STR) 3:30 Wine & Rummikub (DR)	9:00 Beauty Salon Open 10:00 Devotion - Debbie (SR) 10:30 Chair Exercise (SR) 1:00 Going To The Movie: "Call of the Wild" 2:00 WORD Game (CK) 3:30 Wine & Rummikub (DR)	10:00 Devotion (SR) 10:30 Chair Exercise (SR) 2:00 BINGO (CK) 3:30 Wine & Rummikub (DR)
23	24	25 HAPPY MARDI GRAS	26 ASH WEDNESDAY	27	28	29 HAPPY LEAP YEAR
10:00 Devotion (SR) 10:30 Exercise (SR) 2:00 St. Peter's Episcopal Church Service (DR) 3:00 Pet Therapy (SR) 4:00 Coffee Talk (DR)	10:00 Devotion - Debbie (SR) 10:30 Chair Exercise (SR) 11:15 What's Wrong? (DR) 2:00 Antique Roadshow (CK) 3:30 Wine & Rummikub (DR) Happy Birthday Becky Reagan	9:00 Beauty Salon Open 10:00 Devotion - Terri (SR) 10:30 Chair Exercise (SR) 2:00 King Cake Party (DR) 3:30 Wine & Rummikub (DR)	10:00 Ash Wednesday w/ Rev. Crotty, Trinity UMC (DR) 10:30 Chair Exercise (SR) Nail Spa with Ellen (CK) 1:31 Art Club w/ Rollina (CK) 3:30 Wine & Rummikub (DR)	10:00 Train Your Brain (SR) 10:30 Chair Exercise (SR) 1:00 Corn Hole (SR) 2:00 Bible Study - Sissy (STR) 3:30 Wine & Rummikub (DR)	8:30 Leap Year Facts (DR) 9:00 Beauty Salon Open 10:00 Devotion - Debbie (SR) 10:30 Chair Exercise (SR) 11:15 Out to Lunch - Lloyd's 2:00 WORD Game (CK) 3:30 Wine & Rummikub (DR)	10:00 Devotion (SR) 10:30 Chair Exercise (SR) 2:00 Movie & Popcorn (CK) "I Can Only Imagine" 3:30 Wine & Rummikub (DR)

Wacky Words



	a	b	c	d
1	you just me	belt hitting	lo ^o head heels ^{ve}	VIOLETS
2	cry milk	—c zσ.—+	Symphon	ajddeaujd cake
3	O TV	night fly	STINK	injury + insult
4	at the · of on	dothepe	wear long	strich ground

February 2020

ANSWERS

- | | | | |
|--------------------------------|-----------------------------|------------------------------|--|
| 1a - Just between you and me | 1b - Hitting below the belt | 1c - Head over heels in love | 1d - Shrinking violets |
| 2a - Cry over spilt milk | 2b - Lying in wait | 2c - Unfinished symphony | 2d - Pineapple upside down cake |
| 3a - Nothing on TV | 3b - Fly by night | 3c - Raise a big stink | 3d - Add insult to injury |
| 4a - At the point of no return | 4b - The inside dope | 4c - Long underwear | 4d - Ostrich with its head in the ground |

3776 Crosshaven Drive
Birmingham, AL 35223
205-968-0000