

Country Cottage Hoover Holly January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Salon Day 8:30 AM-Don't Snooze on the News & Coffee 10:00 AM-Chair Exercises 11:30 AM-Manicures & Massages 1:30 PM-Sing Along	2 8:30 AM-Don't Snooze on the News & Coffee 10:00 AM-Chair Exercises 10:30 AM-Bible Study 2:30 PM-Bingo	3 8:30 AM-Don't Snooze on the News & Coffee 10:00 AM-Chair Exercises 11:30 AM-Tunes Thursday 2:30 PM-Painting Pow-wow	4 8:30 AM-Don't Snooze on the News & Coffee 10:00 AM-Chair Exercises 2:30 PM-Fun With Food 3:30 PM-Expression Hunt	5 8:30 AM-Don't Snooze on the News & Coffee 10:00 AM-Chair Exercises 11:00 AM-Finishing Lines
6 8:30 AM-Don't Snooze on the News & Coffee 10:00 AM-Chair Exercises 11:00 AM-Church Service 2:30 PM-Name Ten	7 8:30 AM-Don't Snooze on the News & Coffee 10:00 AM-Chair Exercises 11:30 AM-Balloon Toss 2:30 PM-Arts and Crafts	8 Salon Day 8:30 AM-Don't Snooze on the News & Coffee 10:00 AM-Chair Exercises 11:30 AM-Manicures & Massages 1:30 PM-Sing Along	9 8:30 AM-Don't Snooze on the News & Coffee 10:00 AM-Chair Exercises 10:30 AM-Bible Study 2:30 PM-Bingo	10 8:30 AM-Don't Snooze on the News & Coffee 10:00 AM-Chair Exercises 11:30 AM-Tunes Thursday 2:30 PM-Painting Pow-wow	11 8:30 AM-Don't Snooze on the News & Coffee 10:00 AM-Chair Exercises 2:30 PM-Fun With Food 3:30 PM-Expression Hunt	12 8:30 AM-Don't Snooze on the News & Coffee 10:00 AM-Chair Exercises 11:00 AM-Finishing Lines
13 8:30 AM-Don't Snooze on the News & Coffee 10:00 AM-Chair Exercises 11:00 AM-Church Service 2:30 PM-Name Ten	14 8:30 AM-Don't Snooze on the News & Coffee 10:00 AM-Chair Exercises 11:30 AM-Balloon Toss 2:30 PM-Arts and Crafts	15 Salon Day 8:30 AM-Don't Snooze on the News & Coffee 10:00 AM-Chair Exercises 11:30 AM-Manicures & Massages 1:30 PM-Sing Along	16 8:30 AM-Don't Snooze on the News & Coffee 10:00 AM-Chair Exercises 10:30 AM-Bible Study 2:30 PM-Bingo	17 8:30 AM-Don't Snooze on the News & Coffee 10:00 AM-Chair Exercises 11:30 AM-Tunes Thursday 2:30 PM-Painting Pow-wow	18 8:30 AM-Don't Snooze on the News & Coffee 10:00 AM-Chair Exercises 2:30 PM-Fun With Food 3:30 PM-Expression Hunt	19 8:30 AM-Don't Snooze on the News & Coffee 10:00 AM-Chair Exercises 11:00 AM-Finishing Lines
20 8:30 AM-Don't Snooze on the News & Coffee 10:00 AM-Chair Exercises 11:00 AM-Church Service 2:30 PM-Name Ten	21 8:30 AM-Don't Snooze on the News & Coffee 10:00 AM-Chair Exercises 11:30 AM-Balloon Toss 2:30 PM-Arts and Crafts	22 Salon Day 8:30 AM-Don't Snooze on the News & Coffee 10:00 AM-Chair Exercises 11:30 AM-Manicures & Massages 1:30 PM-Sing Along	23 8:30 AM-Don't Snooze on the News & Coffee 10:00 AM-Chair Exercises 10:30 AM-Bible Study 2:30 PM-Bingo	24 8:30 AM-Don't Snooze on the News & Coffee 10:00 AM-Chair Exercises 11:30 AM-Tunes Thursday 2:30 PM-Painting Pow-wow	25 8:30 AM-Don't Snooze on the News & Coffee 10:00 AM-Chair Exercises 2:30 PM-Fun With Food 3:30 PM-Expression Hunt	26 8:30 AM-Don't Snooze on the News & Coffee 10:00 AM-Chair Exercises 11:00 AM-Finishing Lines
27 8:30 AM-Don't Snooze on the News & Coffee 10:00 AM-Chair Exercises 11:00 AM-Church Service 2:30 PM-Name Ten	28 8:30 AM-Don't Snooze on the News & Coffee 10:00 AM-Chair Exercises 11:30 AM-Balloon Toss 2:30 PM-Arts and Crafts	29 Salon Day 8:30 AM-Don't Snooze on the News & Coffee 10:00 AM-Chair Exercises 11:30 AM-Manicures & Massages 1:30 PM-Sing Along	30 8:30 AM-Don't Snooze on the News & Coffee 10:00 AM-Chair Exercises 10:30 AM-Bible Study 2:30 PM-Bingo	31 8:30 AM-Don't Snooze on the News & Coffee 10:00 AM-Chair Exercises 11:30 AM-Tunes Thursday 2:30 PM-Painting Pow-wow		

Country Cottage Hoover Magnolia January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Salon Day 8:30 AM-Don't Snooze on the News &Coffee 10:30 AM-Chair Exercise 1:00 PM-Sing Along 2:00 PM-Manicures & Massages 3:30 PM-Name That Tune	2 8:30 AM-Don't Snooze on the News &Coffee 10:00 AM-Bible Study 10:30 AM-Chair Exercise 1:30 PM-Bingo	3 8:30 AM-Don't Snooze on the News &Coffee 10:30 AM-Chair Exercise 1:30 PM-Tunes Thursday 3:30 PM-Painting Pow-wow	4 8:30 AM-Don't Snooze on the News &Coffee 10:30 AM-Chair Exercise 1:30 PM-Expression Hunt 3:00 PM-Fun with Food	5 8:30 AM-Don't Snooze on the News &Coffee 10:30 AM-Chair Exercise 1:30 PM-Name Ten 3:30 PM-Bingo
6 8:30 AM-Don't Snooze on the News &Coffee 10:30 AM-Chair Exercise 11:00 AM-Church 2:00 PM-Finishing Lines 3:30 PM-Trivia Time	7 8:30 AM-Don't Snooze on the News &Coffee 10:30 AM-Chair Exercise 1:30 PM-Arts & Crafts 3:30 PM-Balloon Toss	8 Salon Day 8:30 AM-Don't Snooze on the News &Coffee 10:30 AM-Chair Exercise 1:00 PM-Sing Along 2:00 PM-Manicures & Massages 3:30 PM-Name That Tune	9 8:30 AM-Don't Snooze on the News &Coffee 10:00 AM-Bible Study 10:30 AM-Chair Exercise 1:30 PM-Bingo	10 8:30 AM-Don't Snooze on the News &Coffee 10:30 AM-Chair Exercise 1:30 PM-Tunes Thursday 3:30 PM-Painting Pow-wow	11 8:30 AM-Don't Snooze on the News &Coffee 10:30 AM-Chair Exercise 1:30 PM-Expression Hunt 3:00 PM-Fun with Food	12 8:30 AM-Don't Snooze on the News &Coffee 10:30 AM-Chair Exercise 1:30 PM-Name Ten 3:30 PM-Bingo
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27 8:30 AM-Don't Snooze on the News &Coffee 10:30 AM-Chair Exercise 11:00 AM-Church 2:00 PM-Finishing Lines 3:30 PM-Trivia Time	28 8:30 AM-Don't Snooze on the News &Coffee 10:30 AM-Chair Exercise 1:30 PM-Arts & Crafts 3:30 PM-Balloon Toss	29 Salon Day 8:30 AM-Don't Snooze on the News &Coffee 10:30 AM-Chair Exercise 1:00 PM-Sing Along 2:00 PM-Manicures & Massages 3:30 PM-Name That Tune	30 8:30 AM-Don't Snooze on the News &Coffee 10:00 AM-Bible Study 10:30 AM-Chair Exercise 1:30 PM-Bingo	31 8:30 AM-Don't Snooze on the News &Coffee 10:30 AM-Chair Exercise 1:30 PM-Tunes Thursday 3:30 PM-Painting Pow-wow		

Country Cottage Hoover Oakleaf January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 8:00 AM-Don't Snooze on the News & Coffee 11:00 AM-Chair Exercise - Join the Fun! 2:00 PM-Prize Bingo	2 8:00 AM-Don't Snooze on the News & Coffee 11:00 AM-Chair Exercise - Join the Fun! 1:00 PM-Chit Chat on the Patio 3:30 PM-Prize Bingo	3 8:00 AM-Don't Snooze on the News & Coffee 11:00 AM-Chair Exercise - Join the Fun! 2:00 PM-Crossword Club 4:00 PM-Wine Time	4 8:00 AM-Don't Snooze on the News & Coffee 11:00 AM-Chair Exercise - Join the Fun! 11:45 AM-Lunch Bunch 3:00 PM-Fun with Food	5 8:00 AM-Don't Snooze on the News & Coffee 11:00 AM-Chair Exercise - Join the Fun! 2:00 PM-Expression Hunt
6 8:00 AM-Don't Snooze on the News & Coffee 10:00 AM-Church Service 11:00 AM-Chair Exercise - Join the Fun! 2:00 PM-Popcorn and Movie	7 8:00 AM-Don't Snooze on the News & Coffee 11:00 AM-Chair Exercise - Join the Fun! 3:00 PM-Trip to Walmart (Dining room)	8 8:00 AM-Don't Snooze on the News & Coffee 11:00 AM-Chair Exercise - Join the Fun! 2:00 PM-Prize Bingo	9 8:00 AM-Don't Snooze on the News & Coffee 11:00 AM-Chair Exercise - Join the Fun! 1:00 PM-Chit Chat on the Patio 3:30 PM-Prize Bingo	10 8:00 AM-Don't Snooze on the News & Coffee 11:00 AM-Chair Exercise - Join the Fun! 2:00 PM-Crossword Club 4:00 PM-Wine Time	11 8:00 AM-Don't Snooze on the News & Coffee 11:00 AM-Chair Exercise - Join the Fun! 11:45 AM-Lunch Bunch 3:00 PM-Fun with Food	12 8:00 AM-Don't Snooze on the News & Coffee 11:00 AM-Chair Exercise - Join the Fun! 2:00 PM-Expression Hunt
13 8:00 AM-Don't Snooze on the News & Coffee 10:00 AM-Church Service 11:00 AM-Chair Exercise - Join the Fun! 2:00 PM-Popcorn and Movie	14 8:00 AM-Don't Snooze on the News & Coffee 11:00 AM-Chair Exercise - Join the Fun! 3:00 PM-Arts and Crafts	15 8:00 AM-Don't Snooze on the News & Coffee 11:00 AM-Chair Exercise - Join the Fun! 2:00 PM-Prize Bingo	16 8:00 AM-Don't Snooze on the News & Coffee 11:00 AM-Chair Exercise - Join the Fun! 1:00 PM-Chit Chat on the Patio 3:30 PM-Prize Bingo	17 8:00 AM-Don't Snooze on the News & Coffee 11:00 AM-Chair Exercise - Join the Fun! 2:00 PM-Crossword Club 4:00 PM-Wine Time	18 8:00 AM-Don't Snooze on the News & Coffee 11:00 AM-Chair Exercise - Join the Fun! 11:45 AM-Lunch Bunch 3:00 PM-Fun with Food	19 8:00 AM-Don't Snooze on the News & Coffee 11:00 AM-Chair Exercise - Join the Fun! 2:00 PM-Expression Hunt
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