

Country Cottage Russellville January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 11:00 AM-Video Chair Exercise 2:00 PM-My Wish for the New Year Gathering 3:00 PM-Ring Toss	2 10:30 AM-Bible Study with Bro. Lonnie and Bro. Jarred (Living Room) 2:00 PM-Bingo Blast (Living Room) 3:00 PM-Walk with a Buddy	3 Beauty Shop Day 11:00 AM-Hand and Foot Stretch 2:00 PM-Snowman Craft 3:00 PM-Twist and Shout	4 11:00 AM-Twist and Shout 2:00 PM-Bingo Blast (Living Room) 3:00 PM-Simon Says	5 11:00 AM-Ring Toss 2:00 PM-Bird Craft 3:00 PM-Toss Across
6 11:00 AM-Toss the Ball 2:00 PM-Bible Study 3:00 PM-Wheel of Fortune	7 11:00 AM-Noodlesize 2:00 PM-Bingo Blast (Living Room) 3:00 PM-Walk with a Buddy	8 HAPPY BIRTHDAY LESSIE WREN HAPPY BIRTHDAY ELVIS 11:00 AM-Video Chair Exercise 2:00 PM-Elvis Craft 3:00 PM-Twist and Shout	9 10:30 AM-Bible Study with Bro. Lonnie and Bro. Jarred (Living Room) 2:00 PM-Bingo Blast (Living Room) 3:00 PM-Ring Toss	10 Beauty Shop Day 11:00 AM-Hand and Foot Stretch 2:00 PM-Hat Craft 3:00 PM-Ball Darts	11 11:00 AM-Twist and Shout 2:00 PM-Bingo Blast (Living Room) 3:00 PM-Banana Splits	12 11:00 AM-Ring Toss 2:00 PM-Spa Time-Nails and Pampering 3:00 PM-Hand and Foot Stretch
13 11:00 AM-Toss the Ball 2:00 PM-Bible Study 3:00 PM-Hip Hop Exercise	14 10:30 AM-First Baptist Singers (Living Room) 11:00 AM-Noodlesize 2:00 PM-Bingo Blast (Living Room) 3:00 PM-Walk with a Buddy	15 HAPPY BIRTHDAY HAZEL HESTER 11:00 AM-Video Chair Exercise 2:00 PM-Strawberry Ice Cream Social 3:00 PM-Hokey Pokey	16 10:30 AM-Bible Study with Bro. Lonnie and Bro. Jarred (Living Room) 2:00 PM-Bingo Blast (Living Room) 3:00 PM-Toss Across	17 Happy 90th Birthday to Popeye the Sailor Man Beauty Shop Day 11:00 AM-Hand and Foot Stretch 2:00 PM-Popeye Craft 3:00 PM-Ball Darts	18 National Hat Day 11:00 AM-Twist and Shout 2:00 PM-Bingo Blast (Living Room) 3:00 PM>Show off Your Hat	19 NATIONAL POPCORN DAY 11:00 AM-Ring Toss 2:00 PM-Popcorn and a Movie-Wizard of Oz 3:00 PM-Jenga
20 11:00 AM-Toss the Ball 2:00 PM-Bible Study 3:00 PM-Snowball Cream Social	21 ML KING JR DAY 11:00 AM-Noodlesize 2:00 PM-Bingo Blast (Living Room) 3:00 PM-Walk with a Buddy	22 11:00 AM-Video Chair Exercise 2:00 PM-Color Time 3:00 PM-Move and Groove	23 10:30 AM-Bible Study with Bro. Lonnie and Bro. Jarred (Living Room) 2:00 PM-Bingo Blast (Living Room) 3:00 PM-Ball Darts	24 NATIONAL COMPLIMENT DAY 12:00 AM-Beauty Shop Day 11:00 AM-Hand and Foot Stretch 2:00 PM-Compliment Activity 3:00 PM-Card Games	25 11:00 AM-Twist and Shout 2:00 PM-Bingo Blast (Living Room) 3:00 PM-Balloon Volley	26 11:00 AM-Ring Toss 2:00 PM-Happy Birthday Party 3:00 PM-Fruitcake Toss
27 11:00 AM-Toss the Ball 2:00 PM-Bible Study 3:00 PM-Chocolate Cake Sampler	28 11:00 AM-Noodlesize 2:00 PM-Bingo Blast (Living Room) 3:00 PM-Walk with a Buddy	29 11:00 AM-Video Chair Exercise 2:00 PM-Puzzles Puzzles and More Puzzles 3:00 PM-Hokey Pokey	30 10:30 AM-Bible Study with Bro. Lonnie and Bro. Jarred (Living Room) 2:00 PM-Bingo Blast (Living Room) 3:00 PM-Popcorn and a Movie-Seven Brides for Seven Brothers	31 Beauty Shop Day 11:00 AM-Hand and Foot Stretch 2:00 PM-Backwards Craft Fun 3:00 PM-Simon Says		